



*Why not begin 2018 with
the addition of some valuable
new tools for you to use every
day to stay more balanced
and productive?*

The Rhode Island Women's Bar Association
in collaboration with the
Tenth Gate Center for Yoga & Meditation
Announce a Special Class on
Mindfulness & Stress Management
with **Thomas Speare**
Director of Corporate Programs
Tenth Gate Yoga

WHERE

Adler Cohen Harvey Wakeman & Guekguezian
55 Dorrance Street, Suite 302
Providence, RI

WHEN

Wednesday, January 17, 2018
12:00-1:30pm

RSVP

ASAP-but no later than January 10
to: Krystle.tadesse@lockelord.com
or cfeeney@adlercohen.com

SPACE IS LIMITED
LUNCH WILL BE PROVIDED

TENTH GATE YOGA
Portsmouth, Rhode Island